



2023

Giants Basketball Club

Coaching  
Resource

Welcome and thank you for volunteering to be a Coach within the Giants Basketball Club. The Giants Basketball Club is a not-for-profit organisation, run entirely by volunteers. Your commitment to the Giants is very much valued and appreciated. Without you, your team would not be possible.

The Giants Basketball Club encourages you as a Giant's coach to promote the Giant's ethos of an inclusive, fun environment, where values of good sportsmanship, teamwork, commitment, resilience, good work ethic and a love of basketball are fostered.

Please remember that as a coach you are the public face of the Giants Basketball Club at games and training venues. The Giants are governed by the Wanneroo Basketball Association, (WBA). The Giants insist you familiarise yourself with, and always adhere to WBA by laws and regulations, and the Giants Coach's Code of Conduct. (see appendices).

**Please refer to the WBA bylaws for general rules and age group specific bylaws.**

[https://websites.mygameday.app/get\\_file.cgi?id=36798053](https://websites.mygameday.app/get_file.cgi?id=36798053)

**Please read the Coach's Code of Conduct, sign and return it to the president:**

president@giantsbasketballclub.com

Managers, players and parents must also abide by their respective codes of conduct, as deviations from this code can incur penalties from the Wanneroo Basketball Association. (WBA). Please keep the Giants President apprised of any issues you may have with officials, parents, players or opposition. Please also contact your Giants registrar if your team needs to arrange a forfeit. **See procedures for forfeits, complaints and issues later in this document.**

Giants encourage a parent from your team to volunteer as a manager and assistant coach to help you in your coaching role. Working with Children (WWC) checks will be required for any assistants who do not have a child in the Giants Club. WWC checks are not required for people under the age of 18.

All Teams will require a responsible adult as manager (u8-u18), a coach (u/8-to u16's ) so please offer to help your team anyway you can. Successful teams are usually teams whose parents all work together. U/18 do not require a coach but MUST have a responsible adult manager present at all games and training sessions, as do Coaches under the age of 18.

Managers usually sort parent scoring rosters, and other team administrative and communication roles, and uniforms, and ideally, attend Giants committee meetings.

The Giants have a Coach Coordinator role - when filled you can contact for guidance.



We also have many experienced coaches within the club who would be more than happy for you to observe their training sessions. Please contact the Giants Committee to arrange this or with any questions on – [bypresident@giantsbasketballclub.com](mailto:bypresident@giantsbasketballclub.com)

### **Training**

Giants try to accommodate your requests for training session times, days and venues, but it is not always possible to get it 100%. The Coach's availability is our first priority. If you are able to source a venue, let the committee know. Other issues that come into play when determining the club training schedule are players and coaches' WABL commitments.

**Training venues are not available during school holidays or public holidays (in most instances). Some also close during exam times.**

When designing your training sessions, please concentrate on foundation skills before moving onto more "set play" orientated sessions.

Have development goals in mind for the season and structure training around these.

Try and aim drills at all levels of skill, once they master the basics, add something else in to challenge the more skillful players. Try to choose drills that keep all the players moving, rather than those that have players standing idle for too long.

There are drills galore on the internet to source for a particular skill and certain ages... so go for your life!

**Please let the Committee know if you will be cancelling a training session at any time as we can put your court to good use with some notice.**

Finally, do not be afraid to discipline players for inappropriate behaviour at training. Don't waste your time, send them to sit with their parents for a short time, if they are not following your instructions.

**Uniform Information.** Any issues please contact the uniform coordinator on: [uniforms@giantsbasketballclub.com](mailto:uniforms@giantsbasketballclub.com)

Players are required to wear navy, pocketless shorts, which can be purchased from any department store. Skins and compression wear must all be the same colour within the team (black, skin or white is permitted)

**WBA uniform by-law awards 2 points to the opposing team for each uniform infringement..**

A set of Giants jerseys will be supplied for your team to use for the duration of the competition. Jerseys are for **game wear** only. Players must return their jersey to you or your manager on the completion of their last game. Giants ask you and your manager to be caretakers of the set for the season. Please return them to the uniform coordinator at the



end of the season, clean and dry, in a team labelled bag. Reminders and return instructions will be emailed towards the end of the competition.

Giants will supply you with a Coach's polo shirt. Please wear this top during games so that you are identified as the coach. This top is to be returned at the end of the season along with the players jerseys.

### **A Word about Officials, Conduct and Sportsmanship**

The Giants strive to be the leaders in displaying good sportsmanship and conduct.

Please encourage your players to help a player up if they get knocked over, acknowledge good plays from the opposition, shake hands with the opposition and officials at the end of each game.

If your team is winning by 20 points in age groups up to u12 and by 30 points from u/14 and up, then look at what you can do to give the other team a chance and to challenge your players. ie dribble non dominant hand, pass the ball to all 5 players before putting up a shot, ensure all your players have scored. Encourage new dribbling techniques and shooting positions.

**Junior basketball is about perfecting foundation skills, and there will be plenty of skills your players can concentrate on in games that you are dominating.**

If you have an issue with the referees, you may call a timeout and approach the referee instructor calmly and respectfully to discuss your concerns. You may also ask your manager to ask the referee instructor to speak to you.

*But before doing so, ask yourself these questions.*

*Am I certain of the correct rules?*

*Am I teaching my players the correct techniques?*

*What is my tone and body language?*

*Am I focusing on what my players need to do to improve or am I focusing on the referees calls?*

Remind yourself that this is **junior basketball**, the referees are young and learning, and without them there is no game.

**Swearing, aggression, abuse and physical intimidation and violence is not tolerated and has serious penalties. Coaches are expected to stop and prevent their players from exhibiting these behaviours.** Place your player on the bench or call time out if you need to diffuse the situation. Involve the WBA Games Manager if you have any concerns relating to your game, opposition, spectators or players. Please email the Giants committee with any concerns.



GiantsTeams will be financially accountable for any fines if found to contravene any Giants rules or WBA bylaws

### **Forfeit Procedures**

Please inform your Giants registrar immediately you are aware you will need to forfeit on boysregistrar@giantsbasketballclub.com or girlsregistrar@giantsbasketballclub.com

Fines are payable – if Giants are notified they will pay the fines.

No shows will be borne by the team

**If a “no show” occurs the fine will be passed to the team.**

- >72 hours =0
- <72. =\$50
- No notice =\$100

There are strict bylaws in regards to fill in and casual players .

Please refer to the BWA bylaws

[https://websites.mygameday.app/get\\_file.cgi?id=36798053](https://websites.mygameday.app/get_file.cgi?id=36798053)

It is compulsory that you contact your registrar if you have a casual substitute player you wish to play- this player must abide by all WBA and Giants guidelines and bylaws. You must NOT substitute any players without Giants registrar permission and assistance. Penalties and fines will be borne by the team if this occurs.



## Points of Interest, F.A.Qs and Tips

- Establish a good team training culture from day one. Explain your rules and expectations and consequences on your first meeting. Explain the Giants player and parent codes of conduct.
- Coaches are not babysitters. Ensure parents on the team understand this. Do not waste your time or your team's time on disruptive behaviours, send that child to their parents if strategies are not working. Please keep the Giants President apprised of any problems you are having with a child or parent.
- Communicate regularly with the Giants committee. Join the Giants Facebook page for communications and tips.
- Encourage players' parents to get involved and share the workload. Parents are expected to score at games.
- **Remember players' game court time should be as equal as possible**, and everyone should have a turn in different positions and as a starting five. You can use starting five positions as a reward for best trainers each week.
- Use the bench as an education area.
- All players must sit at the bench with the team throughout the game, and ask the coach's permission to leave if they need to. **Only the team players, 2 coaches and 1 manager may sit on the game team bench.** Parents and other spectators are not permitted to sit on the bench.
- Ensure you are aware of your players health issues and any injuries, and protect these as best you can.
- Ensure you are familiar with any intellectual or behavioural issues and discuss with parents the best way to manage these.
- Winning and losing isn't necessarily a reflection of your coaching ability!
- Encourage team play and stronger or dominant players to include their teammates in the game. This is a junior team sport.
- Get shy players involved by having them throw the ball in.



- Do not pigeon-hole players into certain positions, everyone should have a chance to play all positions.
- Avoid zone defence in older age groups. It is prohibited until u/16.
- Familiarise yourself with the WBA sportsmanship guidelines and by-laws.
- As frustrating as it can be at times, stay calm with players and officials, remember you are an adult and they are kids, who are still learning.
- If you are coaching your own child, treat them fairly and equally, i.e., do not treat them harsher or more favourably. You can ask your team parents to help keep you aware of this.
- Always have a training plan, set realistic goals for your players. Cater drills to challenge each player's level of abilities, but try to keep things fun. Concentrate on foundation skills and defence as much as offence.
- Consider joining the committee or just come to meetings to help make decisions about the Giants club
- At the end of each season, Coaches are asked to grade players, to assist registrars with team formation for the following season. This helps ensure your team and players are playing in the appropriate grade for their abilities. It's not always possible to get it perfect. If you identify serious skill/grade discrepancies let the committee know as early as possible and they will see what they can do.
- **Players must be registered to Giants and financial to play.**
- **Existing players are invited to re-register for the following competition towards the end of the current competition. If they are not registered and financial by the early closing date they will not be guaranteed a place in a team. Birth age, WABL points influence team make up.**
- **Registrations and player placement must go through the Giants registrars.**
- At the end of the season, Giants will supply your team with a participation trophy or medallion.





*Please feedback any pearls of wisdom you learn along the way that we can add to this resource.*

**Giants thank you for volunteering to Coach, we sincerely hope you enjoy your Coaching experience.**

Attached are some valuable resources to help you in your Coaching role. Please take the time to go through them.

## **Coaching Support Resources**

*Skills breakdowns, demonstrations and training drills can easily be found online.*

[www.ebasketballcoach.com](http://www.ebasketballcoach.com)

[www.basketballforcoaches.com](http://www.basketballforcoaches.com)

[www.breakthroughbasketball.com](http://www.breakthroughbasketball.com)

<https://australia.basketball/participate/coaching/>

### ***Fouls***

<https://www.youtube.com/watch?v=UJbBUi7SgtM>

### ***Violations***

<https://www.youtube.com/watch?v=-17hpepS5e4>

### ***2017 Travel rule update***

<https://www.youtube.com/watch?v=887WqI30HDc>

### ***Basketball Rules***

<http://www.fiba.basketball/documents/official-basketball-rules.pdf>

*Please see our Giants website for more coaching resources.*

**<http://giantsbasketballclub.com/?fbclid=IwAR1hqqX9BO7BXAiiuAkFqQBeTG3vvCyDLZ9KH Rq7d CcyEriVZ3f2boQMm8>**







### **The Giants Basketball Club Coach and Manager Code of Conduct**

Coaches and Managers are required to carefully read sign and return this 'Code of Behaviour' to the Giants Registrars immediately:

- ✓ Remember that young players participate for pleasure, and that winning is only part of the fun
- ✓ Never ridicule or yell at a young player or referee for making a mistake, or not winning a game.
- ✓ Be reasonable on your players' time, energy and enthusiasm. Use the bench as an education area.
- ✓ Operate within the WBA bylaws and the Giants spirit of our sport. As a Coach, you are expected to educate your players about and reinforce the Giants Player Code of Conduct.
- ✓ Familiarise yourself with the WBA domestic competition By-Laws
- ✓ Ensure that the time your players spend with you is a positive experience. All young players are deserving of equal attention and opportunities
- ✓ Avoid overplaying talented players, and recognise that all players need (and deserve!) playing time. Ensure dominant players include all team members in the game.
- ✓ Be modest in victory, and gracious in defeat
- ✓ Ensure that equipment and facilities are safe and treated with respect.
- ✓ Develop team control, respect and professionalism and sportsmanship to all involved with the sport. This includes opponents, coaches, officials, parents and spectators.
- ✓ Show concern and caution towards sick/injured players. Follow the advice of a physician when determining whether players are ready to resume
- ✓ Make a personal commitment to keep up-to-date with the latest coaching techniques, and the principles of growth and development of young players. Develop training plans and goals, and work on the fundamental skills of basketball. Work as hard on defence as offence at training.
- ✓ Develop respect from your players, create a set of training and game rules for players, and be at all training sessions early to get organised. Communicate with your players and their parents as to what you are trying to achieve with the team and the individual.



✓ **Please keep the Giants President informed of any problems with a player or parent, or any incidents.** You are not expected to deal with continual problems. Let the Committee deal with these.

✓ **Game incidents-** Do not engage, retaliate or escalate. Call a timeout and then ask your manager /assistant coach to involve the WBA Games Manager. Please email a report to the Giants Committee - it is our role to take action. WBA may not be contacted about anything directly- all queries must go via the Giants committee.

✓ **Answer all Giants Committee Correspondence** - keep in contact, update the Committee on your progress, ask questions, ask for help, discuss any concerns.

✓ Abide by all WBA sanctioned Covid related regulations and restrictions

✓ If you coach your own child or relation, please be fair to them with your expectations, and treat them equally with all players in the team. Ensure they reciprocate and treat you respectfully as a Coach, not parent or relation during training and games.

**Working with Children clearances are required for any coach or helpers who do not have a child in the Giants Basketball club.**

AGREEMENT... ▪ Coaches must not poach players (especially representative players) from the Wanneroo Basketball Association Domestic competition at Joondalup to play in any team they coach

Penalty: Immediate suspension 3 weeks, 2nd offence removal as a Coach

'I agree to abide by the Code of Behaviour outlined above...'

Signed: \_\_\_\_\_ Date: \_\_\_\_\_





## **Giants Basketball Club Players Code of Conduct**

All Giants Basketball Club Players are required to carefully read in conjunction with your parents/guardians and return this 'Code of Behaviour' to the Registrars immediately:

Never argue with an Official during a game. If you disagree, discuss with your Coach or Manager. Only they may approach the official during a break or after the game if they deem it necessary.

Control your temper. Verbal abuse of Officials, sledging other players, and deliberately distracting or provoking an opponent is not acceptable or permitted behaviour in any sport and puts you, your team and the Giants in disrepute.

Never swear to yourself or swear, fight, verbally or physically abuse another person. You will be awarded a technical foul and this is specifically prohibited in games and training. These offences will attract Wanneroo Basketball Association and/or the Giants Basketball club suspensions from playing or training, or even removal from a team or club for a season or up to a year.

Work equally hard for yourself and your team. You will benefit, and so will everyone involved with your team .

Be a good sport. Applaud all good plays, whether made by your team or the opposition

Treat all participants in your sport as you would wish to be treated. Do not bully or take advantage of opponents or teammates at any time. At all times, cooperate with your Coach, teammates and opponents. Without them there would be no competition

Respect the rights, dignity and worth of all participants, regardless of their gender, ability, cultural background or religious belief.

Develop a positive attitude towards your teammates and Coach. Listen to what the Coach says and attempts to achieve. Do not look towards your parents or relatives when you disagree with your coach, or have made a mistake.



Aim to be coachable-it is an extremely important skill to have.

Display best behaviour at training. Listen when coach is speaking

Respect and encourage your teammates. Attend training and train to your best ability.

Remember this is a team sport. Include less experienced team mates into the game. Share the ball around. It takes 5 players on the court to play a game.

Treat all training venues with respect. They provide a valuable service to your team, and can bar the team or club from using the facilities if they are abused. Do not hang on backboards, or rings, swings or climb on netball posts, soccer goals or other apparatuses. Do not use equipment which would scratch or damage the flooring. Do not graffiti, litter or disrupt the general environment of the venue.

Abide by all WBA by laws, and regulations. Including current WBA sanctioned Covid regulations

Training for all players is compulsory. All coaches have the right to limit a player's court-time, in the event that a player misses training without a valid excuse

All WABL Representative Players must train with their Giants team. If WABL training clashes.. then it is expected you attend 1 :3 sessions.

AGREEMENT... 'I agree to abide by the Code of Behaviour outlined above...'

Player Surname/Team Number: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: 'I acknowledge my child has read, or had read to and understood the Code of Behaviour outlined above...'

Signed: \_\_\_\_\_ Date: \_\_\_\_\_





## The Giants Basketball Club Parents Code of Conduct

All parents/guardians of Giants Basketball Club players are required to carefully read, sign and return this 'Code of Behaviour' to the Registrars immediately:

***Be prepared to be involved - junior sport needs parental involvement to survive.***

( Coach, Manager, scoring, Club Administration require parents in these roles )

- ✓ Remember that children participate in sport for their enjoyment, not yours.
- ✓ Encourage, rather than force children to participate
- ✓ Ensure that your efforts to enjoy your child's involvement in sport do not detract from their enjoyment.
- ✓ Focus on the effort and performance of the child, rather than the end result
- ✓ Always encourage children to compete within the WBA rules and by-laws governing the competition, and any Giants Codes of Conduct or Agreements.  
Settle disagreements respectfully without resorting to hostility or violence
- ✓ Never ridicule or yell at a child for making a mistake or losing a game
- ✓ Remember that children learn best by example. Appreciate and applaud good performance and skilful plays by all participants involved - including the opposition
- ✓ Support all efforts to remove verbal and physical abuse from sporting activities
- ✓ Do not publicly question the umpire's judgement, honesty or integrity. Respect the official's decisions, and encourage your children to do the same. You may never approach an official or opponent. Complaints must go through your team's coach or manager.

**Any incidents of concern need to involve the WBA Games Manager immediately.** Your coach or manager (only) can ask for the Game Manager to officiate your concern. Do not escalate or engage further in the incident. Send a report to the Giants Committee.

✓ Show appreciation for volunteer coaches, officials, and administrators at all times. Recognise the value and importance of your child's volunteer Coach, given they provide their time and resources free of charge. They deserve your support, because without them, your child could not compete in their chosen sport. Ask what you can do to help them.

✓ Respect the rights, dignity and worth of every young person, regardless of their gender, ability, cultural background or religious belief

✓ Commit to be on time. By registering your child, you have committed to get your child to/from training and games on time. (Minimum 10 minutes before games/end of games, 5 minutes before/end of training. The coach may request earlier arrivals for warmups to games). Your child's absence affects the whole team.

✓ Communicate with the Coach (or Manager) as soon as possible if your child is unable to attend or will be late to training or a game.

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- ✓ Training sessions or games are not babysitting services.
- ✓ **Ensure your child behaves appropriately at training and games.** Be there for the training sessions or games, especially with the younger age groups. Communicate with the coach where you will be if you need to leave or someone else will be picking up your child. If the Coach needs to leave early/immediately after a game or training, they or the venue are not responsible for the wellbeing of your child.
- ✓ If you are unhappy with your child's playing time, firstly make sure you are aware of the coach's intentions and directions for the team regarding court time, and if there are any circumstances such as someone not attending training affecting their court time. Don't rely on anecdotal/mentally recorded information if you believe it is unbalanced. Offer to provide a recording service for all players in the team to help out the coach to know how they are tracking. If it remains unbalanced then speak respectfully with the coach.
- ✓ Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best is a direct reflection of your parenting.
- ✓ Read all Giants Basketball Club correspondence. Consider becoming involved with the Giants Basketball Club Committee to help your child's sport continue.
- ✓ Return all Giants jerseys to your coach or manager at the completion of your child's last game as invoices will be issued to you for replacement costs
- ✓ **Abide by all current WBA sanctioned Covid restrictions and regulations.**

AGREEMENT... 'I agree to abide by the Code of Behaviour outlined above...' Child Surname & Team Number: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

